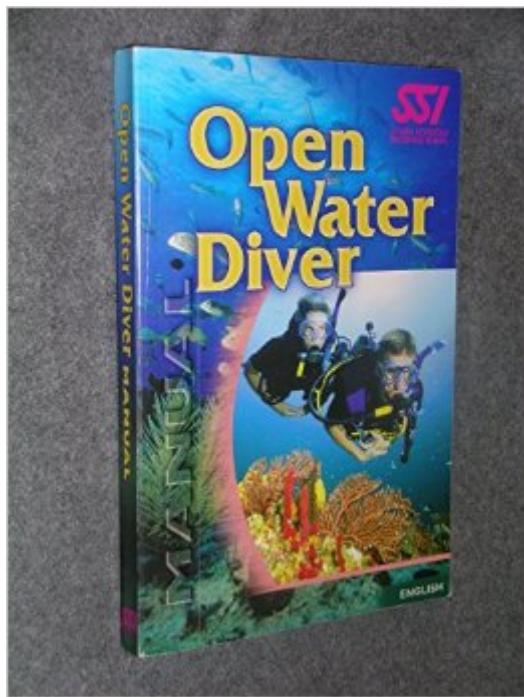


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Open Water Diver Manual



Synopsis

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Customer Reviews

This is a very exciting, colorful and amusing manual, very interesting to read, yet enough to pass SSI Open Water Exams, and become a comfortable and proficient diver. The first chapter explains what equipment do you need for diving, and the miscellaneous details about the equipment. The second chapter gives you proper procedures for entering the water, descending and equalizing pressure, establishing and maintaining neutral buoyancy, ascending, safety stops and exiting the water. Chapter three, "Your Body and the Underwater World", make you able to understand the effects of increasing pressure on your body, understand how breathing compressed gas affects you body, understand the basic function of respiration, understand partial pressure and how they apply you as a diver, know basic procedures to adapt to the underwater environment, know proper ascent procedures under normal and emerging conditions and know the causes, treatment and prevention of Nitrogen Narcosis, Decompression Sickness and overexpansion injuries. After completing the chapter four, "Planning and executing your dive", you will know why divers need to use Dive Tables or a dive computer on every dive, how other factors can affect nitrogen absorption and decompression, the value of diving with a buddy and buddy team functioning, and how to execute your dive. Chapter five is about the underwater world: fundamentals of wave, tide and current action and how this affect divers, what surge and surf are, proper diver techniques as they relate to surge and surf, how coral reefs form and their global importance, species of marine life including potentially hazardous marine life.

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